



CARE CONNECTION

WELCOME TO OUR QUARTERLY NEWSLETTER UPDATE!

JULY – SEPT 2026

Harris County Commissioners Court Recognition



On August 25, 2026, the Ibn Sina Foundation was honored to be recognized by the Harris County Commissioners Court for 25 years of service to the community. We are deeply honored and humbled by this recognition and grateful to the Commissioners for their kind words, leadership, and continued support of our mission.

During the recognition, Commissioner Adrian Garcia expressed his appreciation for Ibn Sina Foundation's work, stating, "I would attest to the world that everything you heard today is absolutely true." Commissioner Lesley Briones also recognized the Foundation's commitment to the community, sharing, "Thank you for delivering health to those who need it the most."

This recognition is a reflection of the dedication of our staff, volunteers, physicians, partners, supporters, and community members who have helped make our mission possible. We extend our sincere gratitude to the Harris County Commissioners Court for this meaningful recognition and for their continued partnership. As we celebrate 25 years of service, we look forward to continuing this important work and building an even greater impact in the years ahead!



MENASA Group Summit

The MENASA Group brought together healthcare professionals from around the world for its forum summit, "Emerging and Challenging Dilemmas in Clinical Research – Advancing Best Practices for Underrepresented Populations."

Chairman Nasruddin Rupani, representing South Asia, received recognition for his contributions to the community. The event provided a valuable opportunity to connect with professionals from across the globe and engage in meaningful conversations around advancing healthcare and clinical research for underserved and underrepresented populations.

Avicenna Allied Health Institute



Avicenna Allied Health Institute (AAHI) continues to expand its healthcare education and career-training opportunities across Houston. New programs now include Medical Administrative Assistant, Sterile Processing Technician, Palliative Care, Pharmacy Technician, Ophthalmology Medical Assistant, Foreign-Credentialed Medical and Dental Assistant Fast Tracks, and Texas RDA Prep. AAHI's South Post Oak Campus is also in the final stages of approval, expanding access to training opportunities.

AAHI is celebrating 25 graduates to date, with its first two cohorts being recognized in a Graduation Ceremony. The Institute also launched its first Patient Care Technician cohort at North Shepherd in September, with the next Medical Assisting cohort beginning October 26 at Wilcrest and North Shepherd.

Through recent job fairs, health fairs, and workforce events, AAHI continues to build community partnerships and connect prospective students with healthcare career opportunities.

See to Succeed Collaboration

We partnered with See to Succeed, Houston Health Department, and Houston Health Foundation to host a Mobile Vision Clinic at our Children's Clinic. Children in our community received free comprehensive eye exams and prescription glasses, helping ensure they have the vision care they need to learn and thrive.

We are proud to have served 50 children through this initiative. Thank you to our partners for their collaboration and to the Ibn Sina Foundation staff who helped make this event possible!



Welcome To Our Board!

We are excited to welcome our new board members to the family! We look forward to learning from their expertise and experience as they help guide our organization and advance our mission of serving the community.



Faisal R. Vellani



Nasir Panjwani



Ajmal Rahim

Grant & Projects Updates

Community Routes: Access to Mental Health Care

Ibn Sina Foundation is grateful for a second year of support from Direct Relief, through an initiative in collaboration with Teva Pharmaceuticals and the National Association of Free & Charitable Clinics. This partnership helps expand access to mental health screening, counseling, assessment, and psychiatric care by connecting patients with behavioral health services through trusted community and primary care settings.

Helping Harris County Children Thrive

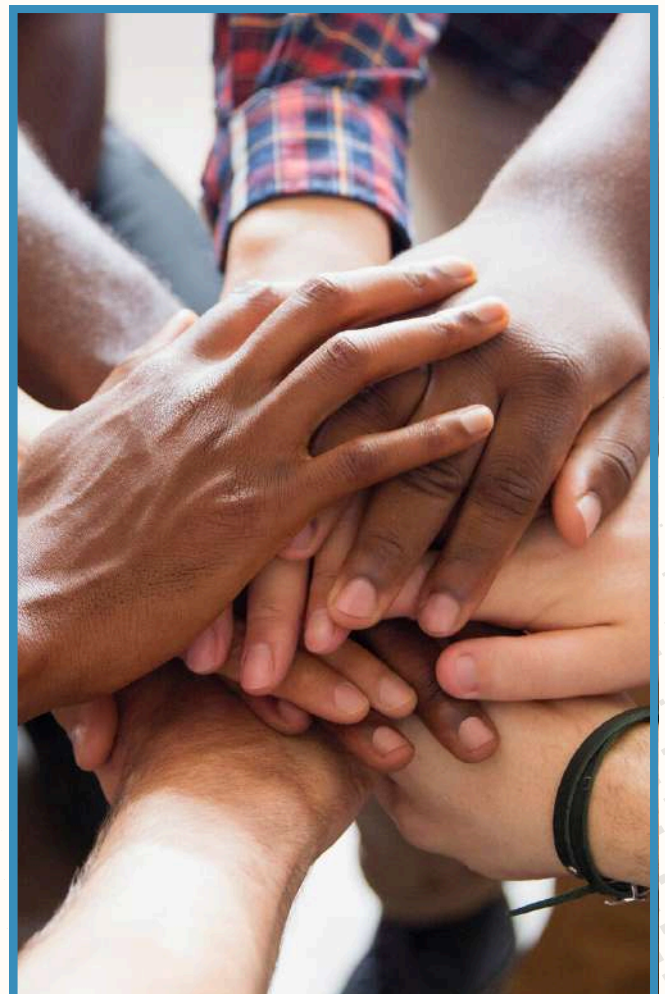
We are honored to be a 2026–2027 Children's Health Fund recipient through the Harris County Hospital District Foundation. The award will support the expansion of our Pediatric Preventive & Collaborative Care Model, helping connect children and families with preventive care and coordinated health services.

Marek Family Foundation Supports Expanding Access to Children's Healthcare

Ibn Sina Foundation is grateful to the Marek Family Foundation for supporting improved access to coordinated pediatric, primary, preventive, and behavioral health care for medically underserved children in Houston. This support helps families receive timely, compassionate care. Together, we are strengthening access to essential services that support children's health and well-being.

Healthy Smiles, Healthy Hearts™ Initiative

With support from the American Heart Association, Ibn Sina Foundation implemented the Healthy Smiles, Healthy Hearts™ initiative at its North Shepherd and South Post Oak clinics. By adding blood pressure screenings to routine dental visits, our teams **identified more than 100 patients** with elevated readings and connected them with medical providers for follow-up care. Patients also received health education, navigation support, and wellness kits.



Thank You!



In August, we attended the NAFCC 2026 Charitable Healthcare Symposium in Washington, D.C. This multi-day event brought together members of the charitable healthcare safety-net community for educational sessions, networking, and opportunities to share ideas, experiences, and best practices.

We were also honored to present an award in appreciation of the partnership and support we have received. Thank you to NAFCC, Direct Relief, Sostento, Americares, CeraVe, and many other organizations for your continued partnership to connect and grow together. We look forward to strengthening these partnerships and working together to expand access to healthcare for the communities we serve!

Together, We Are Stronger!

Throughout this year, we were pleased to welcome several organizations to tour our clinics, meet our dedicated team, and gain a deeper understanding of the services and programs we provide. Improving the health and well-being of our community is a collective effort, and we are grateful for the opportunity to collaborate with organizations that share our commitment to making quality healthcare more accessible for all.



Retrospective
Wellness Group



STIMSON



Work Faith



Fort Bend Women's
Center



Creative Learning
Community Center

Here For You – Right In Your Community

This summer, our Marketing and Outreach team participated in **50 community events, reaching over 8,100 community members across Houston.**

Through these efforts, we provided health screenings, shared educational resources, and connected families to healthcare services. We remain committed to expanding access to care and strengthening community awareness of the resources available!



Harris County Public Health
Integrated Substance Use and
Behavioral Health Care Summit



Council Member Thomas
Mobile Care Day



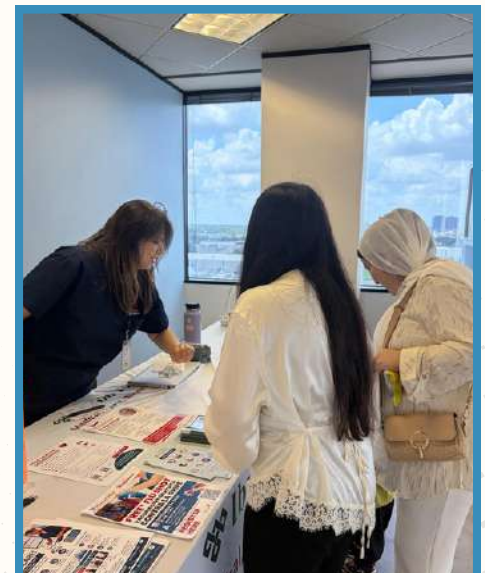
Community Health Choice
Community Baby Shower



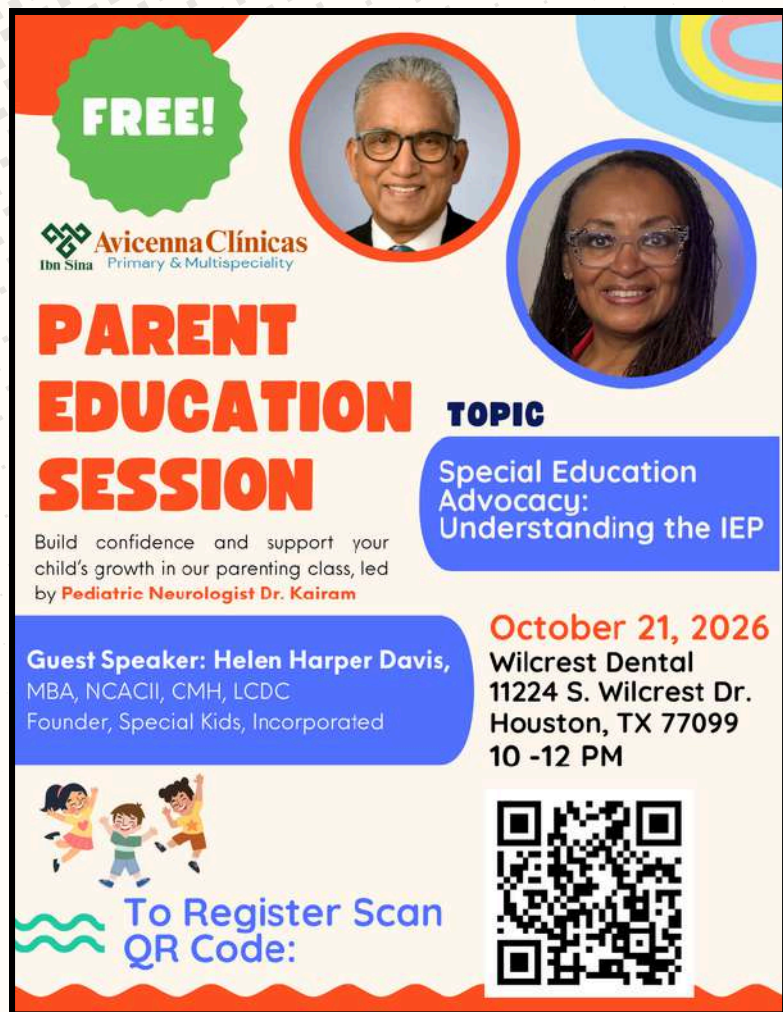
Harris County Precinct 4
Hispanic Heritage Festival



Ismaili Jamatkhana
Houston South Senior
Citizens Yoga Day



Church World Services
Health Resource Fair

A flyer for a Parent Education Session. It features a green starburst with the word 'FREE!' in white. Below it is the Avicenna Clínicas logo with the text 'Ibn Sina Primary & Multispecialty'. Two circular portraits of speakers, Dr. Ram Kairam and Helen Harper Davis, are shown. The title 'PARENT EDUCATION SESSION' is in large, bold, orange letters. A blue box contains the topic 'Special Education Advocacy: Understanding the IEP'. Another blue box lists the guest speaker: 'Guest Speaker: Helen Harper Davis, MBA, NCACII, CMH, LCDC, Founder, Special Kids, Incorporated'. The date and location are listed: 'October 21, 2026, Wilcrest Dental, 11224 S. Wilcrest Dr., Houston, TX 77099, 10 -12 PM'. A QR code is provided for registration, with the text 'To Register Scan QR Code:' next to it. At the bottom left, there is an illustration of three children playing.

FREE!

Avicenna Clínicas
Ibn Sina Primary & Multispecialty

PARENT EDUCATION SESSION

TOPIC
Special Education Advocacy: Understanding the IEP

Build confidence and support your child's growth in our parenting class, led by **Pediatric Neurologist Dr. Kairam**

Guest Speaker: Helen Harper Davis,
MBA, NCACII, CMH, LCDC
Founder, Special Kids, Incorporated

October 21, 2026
Wilcrest Dental
11224 S. Wilcrest Dr.
Houston, TX 77099
10 -12 PM

To Register Scan QR Code:

Upcoming Parent Education Session

Join us for a FREE Parent Education Session led by Pediatric Neurologist Ram Kairam, MD and guest speaker Helen Harper Davis, MBA, NCAC II, CMH, LCDC. This informative session will help parents and caregivers better understand the Individualized Education Program (IEP) process, learn about special education advocacy, and gain practical guidance for supporting their child's educational needs.

The session will be held October 21 from 10 AM–12 PM, with both in-person and virtual options available.

To Register **Scan QR Code**

Share The Blessings

Your donation helps us continue making a meaningful impact in the lives of families across our community. As we celebrate our 25 years of service, your support allows us to provide affordable, compassionate care—including medical, dental, specialty, diagnostic, and mental health services—to those who need it most, helping families stay healthy and thrive.

Click **[HERE](#)** to Donate!